

St Charles' VC Academy

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St Charles' VC Academy NEWSIETTER



School Mass for Ash Wednesday

The school will be holding a mass for Ash Wednesday on Wednesday 22nd February 2023.

All parents & carers are welcome to attend at 2pm.



Message from the Headteacher:

As we come to the end of the first half term of 2023, I would like to thank you for your continued support.

The children have had a lovely start to the year, and it was amazing to see them dressed as rockstars. We were really excited that we topped the Trust Leaderboard for the TTRockstars!

Thank you for your support during the Tesco Blue Token Campaign, St Charles came first which has allowed us to purchase some new playground equipment – which the children have loved!

We have lots of exciting trips and visits planned for the

rest of the year and we look forward to seeing you after the half term break.

Thank you, Mrs Woodmansey





Healthy Packed Lunches

Dear Parents/Carers

As you may be aware, there is increasing concern about rising rates of obesity and related health problems in children. As a school, it is part of our responsibility to help children learn how to eat healthily. After talking with pupils we have decided to introduce a policy for packed lunches. This will help your child to eat well and ensure that all pupils are benefitting from the better standards of food in school.

Green Food

Amber Foods

Red Foods

You should include these foods on a daily basis.

- 1 portion of fruit and 1 portion of vegetables.
- A type of starchy food such as bread, rice, pasta, pittas, bagels, wraps etc. Try to include wholegrain varieties
- This could include fresh, tinned, or dried.
 Meat, fish or other sources of non-dairy protein (e.g., lentils, kidney beans, Quorn, chickpeas, eggs).
- Dairy food such as milk, cheese, fruit yoghurt or fromage frais. Water, squash or milk drink.

These types of food could be included up to three times a week.

- Plain biscuits, oat biscuits, flapjacks, or fig rolls.
- Small plain or fruit cakes such as scones, tea cakes or plain corn or rice cakes.

Two items of these foods could be included during the school week.

- Chocolate biscuits and cake bars.
- Any type of crisps
- Processed meat products such as sausage rolls, pies, corned beef, pasties, pepperami or sausage rolls.



School Uniform Expectations





Correct PE Kit

- White T-Shirl
- Black Shorts
- Trainers can be worn for sport and PE outside.
- Black jogging bottoms can be worn for outside sports during colder weather.
- Black Sandshoes
- No Jewellery/Earrings
- Hair tied back





Correct School Uniform:

- Burgundy School sweatshirt/cardigan
 - Grey Skirt/Trousers/Pinafore
 - Gold Polo-shirt
 - Burgundy Fleece (to be taken off
 - Black shoes ONLY (trainers are not permitted except for PE)
 - Grey or black socks or tights
 - Summer Dresses are Red/Yellow









Key Dates

We want your children to be safe and comfortable at school. But we also want them to be able to have fun and run around at playtime.

Shoes should be black, flat and should fit well to the foot.

All Long hair should be tied back.

All children should not have any extreme hairstyles/shaved patterns/ or brightly dyed hair.

No jewellery - only stud earrings are allowed



10/02/23 - Break up for Half Term

20/02/23 - Children return to school

21/02/23 - Pancake Day

22/02/23 - Ash Wednesday

02/03/23 – World Book Day

10/03/23 - Science Week

31/03/23 - Break up for Half Term

17/04/23 - Children return to school

01/05/23 - May Day Bank Holiday

08/05/23 – King Charles III's Coronation

23/05/23 - Class Photos

21/06/23 – Music Concert





