



ST CHARLES'
VC ACADEMY

St Charles' VC Academy

Norfolk Street,
Hull
HU2 9AA

Tel: 01482 326610
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December 2022

St Charles' VC Academy SAFEGUARDING NEWSLETTER

Attendance Reminder

St Cuthbert's Roman Catholic Academy Trust expects all pupils, at any one time throughout the school year, to be attaining at least 96% attendance. This equates to no more than 5 days (10 sessions) absence within the school year. Please contact the school to report absences.



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Tel: 01482 326610 | www.stchull.org

Child Protection & Safeguarding Procedure

If you have a concern about any child in the school please contact the staff listed below:

				
Designated Safeguarding Lead Michelle Longman		Deputy Safeguarding Lead Mrs A Bentley		Link Safeguarding Lead Joanne Bell Tel: 01482 342645

Tel: 01482 326610

At St Charles, we are fully committed to ensuring that consistent and effective safeguarding procedures are in place to support families, children, and staff at school. Our Safeguarding team members are Mrs Longman, Mrs Bentley and Mrs Bell (STV). If you are worried about a child's safety, please do not hesitate to contact any of the Safeguarding team straight away.

You can also contact Early Help and Safeguarding Hub (EHASH) 01482 448879 or out of hours 01482 300304



Online Safety for Parents & Carers



With Christmas fast approaching, families are likely to be together at home and be spending time on the internet. The internet can be a huge benefit for both parents and children, it's a great way for young people to stay in touch with their friends, keep them entertained and they can learn valuable new skills. But it can also bring risks too.

have had potentially harmful experiences online. The potential dangers for children are: cyberbullying (bullying using digital technology), invasion of privacy, identity theft, a child seeing offensive images and messages or contact with strangers who may be there to 'groom' other members. See the following links for advice and support:

- <https://nationalonlinesafetv.com/>
- <https://www.getsafeonline.org/personal/articles/protecting-passwords/>



Healthy Holidays

A huge range of activities, free of charge for children and young people across the city. Activities are taking place from **Monday 19th December** until **Friday 30th December 2022**. You can find activities provided by community organisations' below, in North, East, West and SEND
<https://www.healthyholidayshull.org/>
<https://www.hullandeastridingcab.org.uk/>



healthy holidays winter

#healthyholidayshull #haf2022

with **free food** included

free activities for children and young people living in Hull

All information about activities available from Thursday 8 December!

follow us www.facebook.com/healthyholidayshull



HOT TOPIC - Anti- Bullying—Reach out

Anti-Bullying is an annual UK event, held in the third week of November which aims to raise awareness of bullying in children and young people in schools and elsewhere. The aim of the event is to highlight ways of preventing and responding to it. It started in 2022 and has grown to become a significant event in the calendar of children, families and schools.



Odd Socks Day forms part of the Anti-Bullying campaign and takes place on the Monday of Anti- Bullying week to highlight what makes us all unique and help prevent bullying. The theme of Reach Out aims to empower children to do something positive to counter the harm and hurt that bullying causes. Anti-Bullying week will remind everyone whether it is in school, at home, in the community or online, lets reach out and show each other the support we need.

All Different

As a school we take bullying and its impact seriously. Pupils and parents should be assured that known incidents of bullying will be responded to in a timely and swift manner. During anti-bullying week, the children took part in activities which included:

All Equal

- writing a set of school or class rules
- writing stories or poems or drawing pictures about bullying
- writing a personal pledge or promise against bullying

#ANTIBULLYINGWEEK



Access Routes to Cost of Living Crisis Advice - Citizens Advice Hull and East Riding

Generalist Advice

Wilson Centre Drop-in Mon, Wed & Fri
Or by calling 0800 144 8848
 Or Online referral via [Connect Well](#)
 Or webchat [Online here](#)
 Or emailing e-advice@hull-eastridingcab.org.uk

Energy related Advice

By emailing energy@hull-eastridingcab.org.uk

Specialist Debt Advice

01482 226859 (local rate)
 Or by webchat [online here](#)

Universal Credit

0800 144 8444 (freephone)
 Or webchat [Online here](#)

Wide ranging advice including:

- Fuel and food vouchers
- Income maximisation
- Employment issues
- Redundancy advice
- Benefit delays and sanctions
- Money problems/budgets
- Mandatory Reconsiderations
- New PIP enquiries
- Housing issues
- Consumer issues

Energy Advice including:

- Energy efficiency advice
- Fuel Vouchers
- Priority services register applications
- Energy complaints and billing dispute resolutions
- Dealing with fuel debts
- Charitable applications
- Warm Homes Discount advice
- Income maximisation

Specialist Debt Advice including:

- Dealing with creditors
- Requesting a temporary hold on recovery action
- Bailiff advice
- Responding to court action for debts
- Negotiating repayments
- Understanding liability
- Insolvency options
- Court Outreach
- Eviction Prevention
- Armed Forces and Veterans advice and casework

Advice and assistance with:

- Making a new claim for Universal Credit
- Enquiries relating to ongoing universal credit
- Advice on income replacement benefits

Group A Strep: What should parents look out for?

Contact 999 or go to A&E if your child:



Has difficulty breathing



Has a blue tongue, lips or skin



Has long pauses between breaths



Is floppy and will not wake up or stay awake

Contact NHS 111 or your GP practice if your child:



Is getting worse



Has a temperature or feels sweaty



Is eating or feeding much less



Is very tired or irritable



Has a dry nappy for 12 hours or more

Winter Water Safety

In winter, children and pets are particularly at risk when tempted to play on the ice formed on open water, and adults can find themselves at risk in attempting to save them. Taking a nice walk in cold weather with your family, friends or dogs in tow can be really refreshing, just make sure you know some simple tips on how to stay safe in winter. Areas with frozen lakes, ponds, canals and reservoirs can be beautiful places to visit during the winter months but all too often many people risk their lives by venturing onto frozen water. Click the link for some useful tips to help you know what to do in an emergency.

<https://humbersidfire.gov.uk/your-safety/watersafety-and-drowning-prevention>

