



Sunday 17th July 2022

Sports Day Updates

Dear Parents and Carers,

Following the letter sent on Friday, I am unfortunately writing with the news that Sports Day has been cancelled.

This is not an easy decision to make, especially when I know so many of our children and families have been looking forward to the event, however given the exceptional circumstance of the ever-increasing predicted temperatures, the safety of both children and staff must be at the center of all decisions.

To help the children stay cooler in the hot weather, they can come to school in their PE kits for the rest of the week.

School PE consists of:

- Black shorts (no leggings or jogging bottoms where possible due to the heat)
- White T-shirt with sleeves (no strappy tops or vests to protect their shoulders from the sun)

In addition to this, we ask that you ensure your child comes to school with a water bottle and sun hat. We also ask that you put sun cream on your child before school and send them with some sun cream that they can apply themselves as needed throughout the day. Please note a higher SPF sun cream gives better protection.

Thank you for your continued support,

Mrs S Woodmansey
Head of School



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Head of School
Mrs Sarah Woodmansey

We know children love spending time outdoors, whether in the garden, park or beach, however, their skin is more delicate than an adult's and can easily be damaged by the sun, even when it doesn't seem strong.

SUN SAFETY



Use a sunscreen with a minimum SPF 50 and at least 4 stars for UVA protection.



Wear sunglasses, ideally with wrap around lenses or wide arms, which carry CE and British Standard marks.



Reapply every two hours or immediately after swimming or sweating.



No sunscreen offers 100% protection so cover up with loose close weave clothing (such as cotton) and a wide brimmed hat to protect the neck, ears and face.



Generously apply sunscreen (5 teaspoons to cover the whole body) 15 to 20 minutes before going out.

Seek shade between 11am – 3pm when the sun is at its strongest. Always keep babies and toddlers in the shade if you can.



By following these simple tips your child will be able to stay safe and enjoy the sun. Remember parents, set your child a good example by also following this advice, and the whole family can have a happy sun safe summer.

For more information about the British Skin Foundation see www.britishskinfoundation.org.uk

   @BSFcharity

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